

LUNCH MENU / EARLY BIRD

Monday - Saturday, 11 a.m. - 4 p.m. / Monday - Thursday, 3 p.m. - 5 p.m.

FOR STARTERS

Soup of the Day
Reg Bowl Lg Bowl

Chili, Homestyle Goodness
Reg Bowl Lg Bowl

 Chicken Livers OR Gizzards
Fried crisp

Tater Kegs
Jumbo Tater Tots stuffed w/ bacon,
cheddar and chives with Homer's

Onion Rings
Fried to Perfection

Cheese Sticks
Served with Marinara Sauce

BASKETS
With French Fries or Cole Slaw only
No substitutions

Chicken Tenders

Shrimp

Krab Cake


Popcorn Shrimp


Boneless Wings
Buffalo • BBQ • Teriyaki • Plain

HEARTY LUNCHES

All meals are served with two vegetables and bread choice unless noted!

Chicken Livers OR Gizzards
A whole bunch, fried crisp!


 Blue Ribbon Fried Chicken
Leg and Thigh
White meat add

 Kuntry Fried Steak
Served with white gravy

Fillet of Fish
Fried • Grilled • Blackened

Pot Roast
Tender and Juicy

Vegetable Plate
Any 4 Vegetables

 Fish & Chips Platter
Hand breaded cod to order,
with **one** vegetable, a bed of
french fries and hushpuppies.
(No substitutions)

SALADS

House Garden Salad

Chicken Breast Salad
4oz Fried or Grilled

The Works Salad
All our favorites

SAMWICHES

With French Fries, or 1 vegetable
Add cheese

Great Burger & Fries
8oz Ground Chuck

 Fish Samwich
Fried • Grilled • Blackened

BBQ Pork Samwich

Kuntry Fried Steak Samwich

Pot Roast Samwich

With your choice of soup, salad or veg
Cold Turkey Samwich

Chicken Breast Samwich
4oz Fried, Grilled

Grilled Cheese Samwich

Chicken Tenders
3 Tender Breast strips

Pork Chop
Grilled • Fried • BBQ

Chicken & Dumplings
Strip Dumplings

4oz Chicken Breast
Grilled • Fried • BBQ

Mason Dixon Meatloaf
Served with brown gravy

Catfish Fillets
Fried Crisp

Shrimp Dinner
Tail on Shrimp

Open Face Turkey
Turkey over mashed potatoes and
bread topped with gravy with **one**
vegetable. (No substitutions)


BREADS

Buttermilk Biscuit Hushpuppies Cornbread Parmesan Breadstick

HOMESTYLE VEGETABLES

Our vegetables and breads are prepared fresh daily and fixed our special way.


Cole Slaw	French Fries	Green Beans	Mashed Potatoes	Turnip Greens
Corn on the Cob	Macaroni & Cheese	Cabbage	Baked Potato	Seasoned Rice
Black-Eyed Peas	Red Beans and Rice	Potato Salad	Cottage Cheese	Broccoli & Cheese
Baked Beans	Rice & Gravy	Baked Apple Slices	Applesauce	Fried Okra

 Blue Ribbon items are a house specialty



TAKE OUT PIKNIKS

CALL AHEAD, AND YOUR ORDER WILL BE WAITIN' FOR YA!
ITEMS ON THIS PAGE ARE ONLY AVAILABLE FOR TAKE OUT

 16 Piece Blue Ribbon Chicken Piknik
Includes our award winning Blue Ribbon
Fried Chicken, fresh never frozen, with a quart
of cole slaw, a quart of baked beans, six biscuits
and a gallon of our famous brewed tea.
Feeds 6


8 Piece Chicken Piknik OR Chicken Tenders Piknik
Your choice of Fried Chicken OR 12 Chicken Tenders.
Includes a pint of cole slaw and baked beans,
four biscuits and a gallon of our famous brewed tea.
Feeds 4

Fish Fry Piknik
Five golden fried whitefish fee-lays,
cole slaw, french fries, tartar sauce,
hushpuppies, and a gallon of our
famous brewed tea. (No substitutions)
Feeds 4

Kuntry Fried Steak OR Fried Pork Chop Piknik
Your choice of 5 Kuntry Fried Steaks OR Fried
Pork Chops, your choice of two vegetable pints,
four biscuits, creamy white gravy, and a gallon of
our fresh brewed tea

Paper products and condiments upon request with all take out orders.

BUILD YOUR OWN PARTY PACK

 8 pc Mixed Just Chicken
8 pc White Just Chicken.....
Any Vegetable Quart.....
Any Vegetable Pint.....
Four fresh baked biscuits.....
Four pieces of fresh cornbread.....
Gallon of fresh brewed ice tea.....

Chicken Livers OR Chicken Gizzards
by the pound, get as many
as you want!.....
Corn on the Cob or
Baked Potato, each
Fried Whole Catfish, each.....
Fried Catfish Fillet, each

PoFolks uses only Clear Frying Oil
♥ 0g Trans Fats ♥
♥ 0mg Cholesterol ♥

CATERING

Remember now, if you have a whole bunch to feed, PoFolks can help you
plan and serve. We can fix up the same good things you had at our restaurant.
Anything on our menu is available for big and small parties.
Just ask a Manager for details.

WE'RE NOT CHICKEN OF ANY SIZE CATER!

- Blue Ribbon Fried Chicken • Kuntry Fried Steak
- Pork Chops • Fee-lay of Fish •

GOOD OLE' SAYIN'S!

Cousin Curtis lives by his
wits—and he's broke most
of the time.

Never try to teach a pig to sing.
It's a waste of time and really
annoys the pig!

Hard work pays debts,
worryin' don't.

A man who has nothin' to brag about
but his ancestors, is like a potato—
the best part of him is buried.

If you marry for love instead of
money, you'll have some good nights
and sorry days!

I hear beauty's only skin deep, but
ugly goes clean to the bone.

Howdy!

PoFolks®

*Hearty, Homestyle Cooking
Seafood, Chicken (and so forth)*




THE PoFolks PHILOSOPHY

*"We always want to be
the friendliest place you'll ever find
to bring your family
for great tasting,
homestyle cooking, served
with care and pride
in a pleasant country home setting
at reasonable prices."*



APPETIZERS

 **Chicken Livers OR Gizzards**
A basket full of your choice

Tater Kegs
Jumbo Tater Tots stuffed w/ bacon, cheddar and chives with Homer's

Boneless Wings
Buffalo • BBQ • Teriyaki • Plain

Cheese Sticks
Served with Marinara sauce

Onion Rings
A basketful - fried to perfection


 **Fried Green Tomatoes**
With Homer's sauce

Fresh Fried Mushrooms
Served with creamy horseradish

Fried Pickles
Lightly breaded

CHICKEN & HOMESTYLE DINNERS

PoFolks prides itself on having the freshest, most outstanding chicken you've ever eaten!
Each entree is served with two vegetables and bread choice unless noted!

 **Our Blue Ribbon Fried Chicken**
A half a chicken! That's a leg, a thigh, a breast, and a wing
Two breasts and two wings


Two piece Chicken Dinner
Leg and Thigh
Breast and Wing
Two Breasts

Doe McCoys Boneless Chicken Breast
A whole boneless chicken breast, battered and fried to perfection with rich white gravy

Our Famous Kuntry Fried Steak Hungry
Like Gramma used to make and served with rich creamy gravy
Single Kuntry Fried Steak

Pork Chops
Two kuntry fried center cut pork chops served with rich creamy gravy
Single Pork Chop

Signature Kuntry Combo
Choose any two different items from below
Kuntry Fried Steak,
2 Piece Chicken or Calabash Shrimp
(white meat extra)

 **Our Famous Chicken Livers OR Chicken Gizzards**
A whole bunch, fried crisp


Vegetable Platter
Any four of our homestyle vegetables and a bread choice

 **Blue Ribbon items are a house specialty**

PoFolks uses only Clear Frying Oil
♥ 0g Trans Fats ♥
♥ 0mg Cholesterol ♥

House Garden Salad
Fresh lettuce with all the trimmin's
Trade a veggie for salad for only

Soup of the Day
Reg Bowl Lg Bowl

 **Chili, Homestyle Goodness**
Reg Bowl Lg Bowl

Chicken an' Strip Dumplings
Reg Bowl Lg Bowl

Red Beans and Rice
Reg Bowl Lg Bowl

Bread Stick Platter (6)
Served with Marinara sauce

Shrimp Basket
Golden fried tail-on shrimp, served over french fries

Chicken Tenders
Five all breast chicken strips, served with honey mustard or BBQ sauce

Jr. Tenders
Three Chicken Tenders, **one** vegetable, a bread


Chicken An' Strip Dumplin's
Strip dumplings and chicken chunks with a delicious broth

Pulled Pork BBQ Dinner
Your mama's gonna be jealous of our tender and juicy pulled pork

Sausage Red Beans & Rice
A big bowlful of beans and rice with a smoked sausage and **one** vegetable

Smokey Sausage Dinner
Same sausage from the other dinner, but you get to choose both vegetables

Mason Dixon Meatloaf
A dee-licious blend of ground beef, onions, spices and a hint of tomato served up with a side of brown gravy
Smaller portion


 **Pot Roast**
Slow Roasted and Tender
Creamy Horseradish upon request

Turkey Dinner
Served with mashed potatoes, green beans, stuffing and cranberry sauce
(no bread choice)

Lost Dog...3 legged, blind in one eye, missing left ear, broken tail, recently neutered.....Answers to "Lucky"

SEAFOOD FAVORITES

PoFolks prides itself on having the best seafood around!
Each entree comes with two vegetables and a bread choice

 **Southern Style Catfish Bone In**
Over a pound of dee-licious farm raised catfish **on the bone**.
Fried crisp
A smaller portion is only

Calabash Shrimp
A big ole servin' of golden fried shrimp. Popcorn Style


Fillet of Whitefish
A hearty portion of fried fish
fee-lays
Smaller portion

Maryland Krab Cakes
Dee-licious

Catfish Fillets
Don't want the Bones...try this!
Fried crisp!
(Indicate **Fillet** to your Server)

Shrimp Dinner
Golden fried tail on shrimp
Smaller portion

Clam Strips
Sweeter than mother's love

 **Fish & Chips Platter**
Hand breaded cod to order, with **one** vegetable, a bed of french fries and a couple hushpuppies. (No substitutions)

Ahoy there matey! Why not try a sample of our best of the best.

Gone Fishin Platter
You have all your favorites in one:
Southern Style Catfish bone in,
Calabash Shrimp, Fried Clams
Tried & True Favorite!




No Substitutions!

Captain's Feast
After a hard day on the boat, or at the office why not have:
Fried or Grilled Fillet of Fish,
Maryland Krab Cake, Tail on Shrimp

FAVORITES FROM THE GRILL

If you haven't tried our grilled favorites, you're missing out on some mighty good eatin'.
Grilling seals in all the juices for a homestyle taste that's pure dee-light!

Grilled Cajun Catfish Fillet
Louisiana style or traditional grilled.
Makes New Orleans proud!



 **Tilapia Dinner**
8 oz portion, tender and flaky
Served grilled, fried, cajun or teriyaki

Grilled Fillet of Whitefish
A hearty portion of tender whitefish served on a bed of rice
Single portion

8 oz Ground Chuck Steak
USDA choice chuck steak,
served with grilled onions

7 oz Ribeye Steak
USDA Choice Ribeye
Seasoned and Grilled

10 oz T-Bone Steak
USDA Choice T-Bone
Seasoned and Grilled

 *Want to add Surf to ANY entree - add your choice of Gulf Shrimp, a Maryland Krab Cake, or Fried Clams for only* 

BREADS

Buttermilk Biscuit Hushpuppies Cornbread Parmesan Breadstick

HOMESTYLE VEGETABLES

Our vegetables and breads are prepared fresh daily and fixed our special way.

Cole Slaw	French Fries	Green Beans	Mashed Potatoes	Turnip Greens
Corn on the Cob	Macaroni & Cheese	Cabbage	Baked Potato	Seasoned Rice
Black-Eyed Peas	Red Beans and Rice	Potato Salad	Cottage Cheese	Broccoli & Cheese
Baked Beans	Rice & Gravy	Baked Apple Slices	Applesauce	Fried Okra
Stuffing				

SALADS

Our large salads are built on a bed of fresh lettuce, cherry tomatoes, cucumbers, red onions, cheese, eggs, and croutons. Top it off with our **Homer's Favorite Buttermilk, Lite Italian, 1000 Island, Honey Mustard, or French Dressing!**

The Works Salad
All our favorites on one salad!
Kuntry Fried Steak, Chicken Breast Strips and Calabash Shrimp. (No Substitutions)



Large Kuntry Salad
Choose **one** of your favorite toppings!
Kuntry Fried Steak, Calabash Shrimp, Turkey or a Grilled, Fried or Cajun Chicken Breast

Deluxe Large Salad

KUNTRY SAMWICH PLATTERS

Samwiches served on a toasted bun with lettuce & tomato and a garlic dill pickle.
Choose two vegetables or a regular bowl of soup, except pot roast samwich. Add cheese for

 **Cajun Chicken Samwich**
8 oz. tender grilled breast



Fillet of Fish Samwich
Grilled or fried

BBQ Pork Samwich
Tender and juicy pulled pork

Pot Roast Samwich
Choose one vegetable (no soup sub)
Creamy horseradish upon request

8 oz Chuck Burger
USDA ground chuck

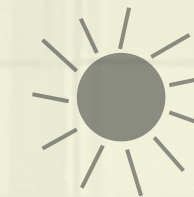
Smoked Sausage Samwich
Bryan Smokey Hollow sausage

Kuntry Fried Steak Samwich
Our famous steak on a bun

Chicken Breast Samwich
Grilled • Fried • BBQ,
Buffalo or Teriyaki

KID'S MENU


For children 12 and under



Kid's Mac & Cheese, with a breadstick
Kid's Fish, cod, french fries and hushpuppies
Kid's Chicken, drumstick with french fries and a breadstick
Kid's Shrimp, calabash shrimp, french fries and hushpuppies
Kid's Steak and gravy, french fries and a breadstick
Kid's Tenders, with french fries and a breadstick
Kid's Grilled Chicken Samwich with one veggie
Kid's Meatloaf, brown gravy, mashed potatoes, bread
Kid's Dumplin, with any one veggie and a breadstick
Kid's Burger, with french fries
Kid's Cheese Burger, "Krabby Patty" with french fries
Kid's Grilled Cheese, with one veggie



DEE-ZERTS

 **Strawberry Shortcake**
The best ole-fashioned shortcake you've ever tasted



Fresh Baked Cobblers
Apple, Blackberry, or Peach
with ice cream

Homestyle Cheesecake
With or without Strawberries


Vanilla Ice Cream
One Scoop
Two Scoops

Mississippi Mud Pie
Rich fudge, flaky crust and
vanilla ice cream

SIDE ORDERS

Extra Vegetable.....
2 Breadsticks.....
Biscuits & Gravy.....
6 or 12 Hushpuppies.....
1 Biscuit or 1 Cornbread..
Gravy, white or brown.....

BELLYWASHERS

 **Famous Iced Tea:** Sweet or Unsweet
(Our tea is fresh brewed all day long!)
Soft Drinks: **Free Refills!**
Coke, Diet Coke, Sprite,
Lemonade, & Root Beer



Coffee: Premium 100% Arabica
Regular and Decaf
Gigantic Milk, sorry no refills
Kid's Drink